**September 2017**

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**Dates & Deadlines**

- **September 4:** Labor Day - No laboring allowed today, please!
- **September 5:** All ECE teachers and paras in full-day learning sessions (non-student contact day)

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**Resources & Research**

Check out this article on developing self-regulation (at any age!)
http://tinyurl.com/eceself-reg

And this article about the importance of curiosity in learning -
http://tinyurl.com/ececuriosity

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**From the field...**

While school teams met to discuss mindfulness and self-care on DPS Day, the Early Education central team did too!

This team is now out in the field, assisting with every aspect of back-to-school in DPS early education classrooms, from enrolling Head Start families to setting up new classrooms!
Family Focus

The article, 50 Questions To Ask Your Kids Instead Of Asking “How Was Your Day” by Leslie Means, reached more than 4,000 people via our DPS Early Ed Facebook page!

It's a great one to share with families and you can find it here:

http://herviewfromhome.com/50-questions-to-ask-your-kids-instead-of-asking-how-was-your-day/

GOLD Tips & Tricks

ECE teachers and paraprofessionals will have their iPads updated, receive new Gold manuals, and learn more about MyTeachingStrategies, at the Sept. 5 training!

Consider starting the year with observations based on the 3-year-old and 4-year-old Preparedness Documents, which will also get you ready for creating your Student Learning Objective this year.

Self-Care and Mindfulness

Inquiring minds want to know! What plans have you already set in motion, to make sure you take the best care of yourself this school year?

Submit your ideas and tips to elise_edwards@dpsk12.org and your ECE Self-Care Tip may be featured in the monthly newsletter soon!